1. **Effectiveness of Mobile Applications on Medication Adherence in Adults with Chronic Diseases: A Systematic Review and Meta-Analysis**

[Yihang Peng](https://pubmed.ncbi.nlm.nih.gov/?term=%22Peng%20Y%22%5BAuthor%5D) 1, [Han Wang](https://pubmed.ncbi.nlm.nih.gov/?term=%22Wang%20H%22%5BAuthor%5D) 2, [Qin Fang](https://pubmed.ncbi.nlm.nih.gov/?term=%22Fang%20Q%22%5BAuthor%5D) 3,\*, [Liling Xie](https://pubmed.ncbi.nlm.nih.gov/?term=%22Xie%20L%22%5BAuthor%5D) 1, [Lingzhi Shu](https://pubmed.ncbi.nlm.nih.gov/?term=%22Shu%20L%22%5BAuthor%5D) 1, [Wenjing Sun](https://pubmed.ncbi.nlm.nih.gov/?term=%22Sun%20W%22%5BAuthor%5D) 1, [Qin Liu](https://pubmed.ncbi.nlm.nih.gov/?term=%22Liu%20Q%22%5BAuthor%5D) 4

doi: [10.18553/jmcp.2020.26.4.550](https://doi.org/10.18553/jmcp.2020.26.4.550)

1. **Smartphone medication adherence apps: Potential benefits to patients and providers**

[Lindsey Dayer](https://pubmed.ncbi.nlm.nih.gov/?term=%22Dayer%20L%22%5BAuthor%5D) 1, [Seth Heldenbrand](https://pubmed.ncbi.nlm.nih.gov/?term=%22Heldenbrand%20S%22%5BAuthor%5D) 1, [Paul Anderson](https://pubmed.ncbi.nlm.nih.gov/?term=%22Anderson%20P%22%5BAuthor%5D) 1, [Paul O Gubbins](https://pubmed.ncbi.nlm.nih.gov/?term=%22Gubbins%20PO%22%5BAuthor%5D) 1, [Bradley C Martin](https://pubmed.ncbi.nlm.nih.gov/?term=%22Martin%20BC%22%5BAuthor%5D) 1

doi: [10.1331/JAPhA.2013.12202](https://doi.org/10.1331/JAPhA.2013.12202)

1. **Peer-to-peer connections: Perceptions of a social support app designed for young adults with cancer**

[**https://doi.org/10.1002/pon.5220**](https://doi.org/10.1002/pon.5220)

1. **Medicine 2.0: Peer-to-peer healthcare**

**By**[**Susannah Fox**](https://www.pewresearch.org/staff/susannah-fox/)

**Peer-to-peer healthcare is a way for people to do what they have always done – lend a hand, lend an ear, lend advice – but at internet speed and at internet scale.**

**(Pew Research Center)**